WHOLEFOODS HOUSE

It's all good. It's all here.

November Catalogue



www.wholefoodshouse.com.au

Alter Eco
save 25%

Great quality for great value.



WHOLEFOODS HOUSE

November Value Buys

ends 30.11 .2026



$7.49

save $2.50

Alter Eco
Var Flavours Choc 80g

About the brand
A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

25% off



$7.49

save $2.50

Alter Eco
Var Flavours Choc 75g

About the brand
A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

25% off



$9.11

save $2.28

Goodness Kitchen
Various Choc Bites 200g

About the brand
A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



$3.99

save $1.00

Isaacs Snacks
Var Snack Bars 50g

About the brand
Absolute Organic makes daily organic meals a reality for families with delicious pantry staples.

20% off



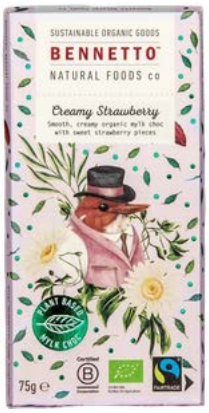
$8.39

save $2.10

Bennetto Chocolate
Var Chocolates 80g

About the brand
Absolute Organic makes daily organic meals a reality for families with delicious pantry staples.

20% off



$8.47

save $2.12

Bennetto Chocolate
Plant Based Chocolates 75g

About the brand
The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

November Value Buys

ends 30.11.2026



from $3.29

save $1.10

Health Lab
Snack Ball 40g

About the brand

Starkers brings you traditional whole foods inspired by the wisdom of Ancestral Living.

25% off



$3.29

save $1.10

Health Lab
Choc Diamonds 30g

About the brand

Starkers brings you traditional whole foods inspired by the wisdom of Ancestral Living.

25% off



$4.49

save $1.50

Health Lab
Protein Bar 50g

About the brand

Safcol has an outstanding reputation for its quality and sustainablity, which they have proven for over 80 years.

25% off



$4.49

save $1.50

Health Lab
Protein Bar 50g

About the brand

Safcol has an outstanding reputation for its quality and sustainablity, which they have proven for over 80 years.

25% off



$4.49

save $1.50

Health Lab
Wafer Bar 44g

About the brand

Safcol has an outstanding reputation for its quality and sustainablity, which they have proven for over 80 years.

25% off



$4.49

save $1.50

Health Lab
Wafer Bar 44g

About the brand

Wholefoods House is your trusted source for best quality and best value products across all grocery needs.

25% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Health Lab
save 25%

Great quality for great value.



WHOLEFOODS HOUSE

November Value Buys

ends 30.11.2026



$8.47

save $2.12

Pico

Various Chocolates 80g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



$9.35

save $2.34

Pico

No Added Sugar Choc 80g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



$14.39

save $3.60

Pana Organic

Ice Cream 950ml

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



$5.35

save $1.34

True Co

Various Flav Dates100g

About the brand

Sweet potato chips kettle-cooked to perfection in avocado oil. Snacking at its best without compromise.

20% off



$2.87

save $0.72

True Co

Various Flavour Gum 21g

About the brand

Veggie straws are the newest Avocado Oil snack from Jacksons - try them and fall in love!

20% off



$2.87

save $0.72

True Co

Various Flavour Mints 13g

About the brand

Mary's Gone Crackers combine organic, gluten free, whole grains and seeds to create a cracker with a rich, earthy flavour and a satisfying crunch.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Remedy Drinks save 40%

Great quality for great value.



WHOLEFOODS HOUSE

November Value Buys

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$2.71

save $0.68

Bonsoy

Isotonic Drinks 250ml

About the brand

Bonsoy is changing the hydration game with their Isotonic Drinks range in 3 delicious flavours.

20% off



$3.99

save $1.00

Emma & Toms

Various Juices 350ml

About the brand

For ultimate hydration, Beyond hand pick, crack & can their coconuts within 4 hours. Pure refreshment!

20% off



$4.55

save $1.14

Jiva

Juice Strory Drinks 300ml

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet.

20% off



from

$3.59

save $1.20

Karma Drinks

Various Flavours 330ml

About the brand

Drinks with ingredients good for the land, the people and the farmers growing them - meet Karma!

25% off



$3.49

save $1.50

Lo Bros

Various Kombuchas 330ml

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet.

30% off



$2.39

save $1.60

Remedy Drinks

Various Shots 60ml

About the brand

Georgia's fresh organic juices are packed with antioxidants, vitamins and polyphenols. Stock up now!

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

November Value Buys

ends 30.11.2026



from $ 3.29

save $ 2.20

Remedy Drinks
Various Drinks 330ml

About the brand
Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

40% off



from $2.03

save $1.36

Remedy Drinks
Kombucha Various Sizes

About the brand
Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

40% off



from $2.03

save $1.36

Remedy Drinks
Sodaly Various Sizes

About the brand
Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

40% off



$5.33

save $ 3.56

Remedy Drinks
Various Flavours 750ml

About the brand
Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

40% off



$6.23

save $ 4.16

Remedy Drinks
Various Flavours 1.25L

About the brand
Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

40% off



$6.11

save $4.07

Remedy Drinks
Sodaly 4 Packs

About the brand
Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

40% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Lo Bros
save 30%

Great quality for great value.



WHOLEFOODS HOUSE

November Value Buys

ends 30.11.2026



$7.99

save $2.00

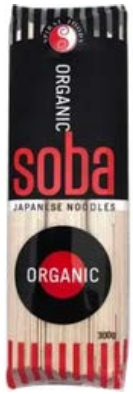
Spiral Foods

100% Buckwh. Soba 250g

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



$4.31

save $1.08

Spiral Foods

Organic Soba 250g

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



$3.75

save $0.94

Spiral Foods

Organic Udon 250g

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



$4.79

save $1.20

Spiral Foods

Inst. Rice Noodles 5x60g

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



$4.79

save $1.20

Spiral Foods

Rice Noodles 225g

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



$4.71

save $1.18

Spiral Foods

Rice Paper 200g

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Season's Top Picks

Discover the best Certified Organic produce of the season



Organic Local Strawberries

From Zestiny Farm in Central Mangrove NSW

Sweet, fragrant and bursting with flavour, these certified organic strawberries are grown at Zestiny Farm in the NSW Central Coast hinterland, just north of Sydney. Grown using regenerative farming practices with a focus on healthy soils, flavour and nutrient density, they're harvested seasonally and supplied fresh from the farm.

A beautiful example of locally grown organic produce — full-flavoured, naturally sweet and worth seeking out while the season lasts!



Organic Local Iceberg Lettuce

from Charlie Galea in Wallacia NSW

Crisp, fresh and locally grown, our organic iceberg lettuce comes from Charlie Galea's farm in Wallacia, on Sydney's western fringe.
Charlie is a long-time local organic grower, producing a diverse range of certified organic vegetables in the fertile farming country surrounding the Nepean. His iceberg lettuce is harvested fresh and delivered locally, giving you beautifully crisp leaves with the freshness that only comes from produce grown close to home.

A true Sydney-grown staple — certified organic, wonderfully fresh and grown by a local farmer we're proud to support!



Organic Watermelon

From Humpty Doo Organics in NT

Sweet, juicy and incredibly refreshing, these organic watermelons come from Humpty Doo in Australia's tropical Top End.

Grown in the warm Northern Territory climate, where abundant sunshine and tropical conditions are ideal for melon growing, these watermelons develop beautifully sweet, crisp and bright flesh with plenty of flavour.

A seasonal Wholefoods House favourite — certified organic, naturally refreshing and perfect chilled on a warm day!

November Value Buys

ends 30.11.2026



$22.39

save $5.60

2die4 Live Foods
Activated Almonds 300g

About the brand
With Friends of Frank you say yes to epic flavour and only natural ingredients.

20% off



$36.31

save $9.08

2die4 Live Foods
Activated Pistachios 250g

About the brand
KOJA was founded to make being healthy simple and easy. Only the nutrition you need - easy!

20% off



$15.03

save $3.76

2die4 Live Foods
Activated Sunflower S 300g

About the brand
KOJA was founded to make being healthy simple and easy. Only the nutrition you need - easy!

20% off



$21.11

save $5.28

2die4 Live Foods
Activated Walnuts 275g

About the brand
Say goodbye to guilt-snacking and hello to your new favourite treats!

20% off



$8.79

save $2.20

Dr Kargs
Crispbreads 200g

About the brand
Say goodbye to guilt-snacking and hello to your new favourite treats!

20% off



$3.59

save $0.90

Serious Food Co
Real Maple Popcorn 70g

About the brand
Say goodbye to guilt-snacking and hello to your new favourite treats!

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Barbell Foods save 25%

Great quality for great value.



WHOLEFOODS HOUSE

November Value Buys

ends 30.11.2026



$10.39

save $2.60



$21.74

save $7.25



$8.79

save $2.20

Barbell
Dried Steak 70g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off

Barbell
Dried Steak 200g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

25% off

Barbell
Dried Meat Sticks

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off



$3.51

save $0.88



$3.99

save $1.00



$4.23

save $1.06

Rutherford Cheese
Various Wafers 50g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off

Rutherford Cheese
Gluten Free Wafers 50g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off

Valli Snacks
Various Lollies 50g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

November Value Buys

ends 30.11.2026



$5.59

save $1.40

Nutty Bruce
Various Mylks 1L

About the brand
Made in Spain without any seed oils - just premium, small-batch potato and corn chips full of flavour.

20% off



$7.19

save $1.80

Meklaha Living
Various Pastes 100g

About the brand
Made in Spain without any seed oils - just premium, small-batch potato and corn chips full of flavour.

20% off



$6.95

save $1.74

Honest to Goodness
Agave Syrup 250ml

About the brand
H2G are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off



$11.11

save $2.78

Honest to Goodness
Buckwheat Flour 1kg

About the brand
H2G are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off



$11.91

save $2.98

Honest to Goodness
Cassava Flour 1kg

About the brand
H2G are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off



$7.83

save $1.96

Honest to Goodness
Coconut Flour 850g

About the brand
H2G are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Proper Crisps save 25%

Great quality for great value.



WHOLEFOODS HOUSE

November Value Buys

ends 30.11.2026



$2.99

save $1.00

Proper Crisps
Var. Crisps 40g

About the brand

Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$5.99

save $2.00

Proper Crisps
Sweet Potato Crisps 100g

About the brand

Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$5.99

save $2.00

Proper Crisps
Garden Medley 100g

About the brand

Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$5.99

save $2.00

Proper Crisps
Various Crisps 140g

About the brand

Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$5.99

save $2.00

Proper Crisps
Various Crisps 150g

About the brand

Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$5.99

save 2.00

Proper Crisps
Tortilla Chips 150g

About the brand

Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

November Value Buys

ends 30.11.2026



$10.71

save $2.68

Gagas
Ferm. Beet Slices 420g

About the brand

Gagas is about delicious food, made traditionally, using thoughtfully chosen ingredients.

20% off



$12.39

save $3.10

Gagas
Chimichurri Kraut 420g

About the brand

Gagas is about delicious food, made traditionally, using thoughtfully chosen ingredients.

20% off



$12.39

save $3.10

Gagas
Salsa Verde Zhoug 420g

About the brand

Gagas is about delicious food, made traditionally, using thoughtfully chosen ingredients.

20% off



$9.59

save $1.60

Nonies bread
GF Loaf 550g

About the brand

Award winning, lovingly handcraften in small batches in Tasmania for that delicious tangy crunch you love.

20% off



$18.39

save $1.60

Nonies bread
GF Fig & Almond Loaf 1.1kg

About the brand

Award winning, lovingly handcraften in small batches in Tasmania for that delicious tangy crunch you love.

20% off



$16.95

save $4.24

Nonies bread
GF Charcoal Loaf 1.1kg

About the brand

Award winning, lovingly handcraften in small batches in Tasmania for that delicious tangy crunch you love.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

First Press
save 25%

Great quality for great value.



WHOLEFOODS
HOUSE

November Value Buys

ends 30.11.2026



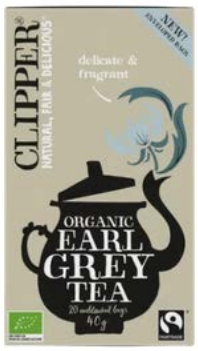
$7.99

save $2.00

Organic India
Various Flavours 25's

About the brand
Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

20% off



$6.79

save $1.70

Clippers
Various Flavours 20's

About the brand
Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

20% off



$3.29

save $1.10

First Press
SF Alond Milk Coffee 300ml

About the brand
Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$3.29

save $1.10

First Press
Oat Milk Latte 300ml

About the brand
Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$3.67

save $1.22

First Press
Protein Iced Latte 300ml

About the brand
Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off



$10.04

save 3.35

First Press
Cold Drip 500ml

About the brand
Gino Girolomoni was a pioneer of organic agriculture in Italy, and a political activist, intellectual, writer and above all, a farmer.

25% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

November Value Buys

ends 30.11.2026



$1.51

save $0.38

Who Gives a Crap
Toilet Paper Roll

About the brand
50% of profits are donated to help everyone gain acess to clean water and a toilet.
A small change with big impact!

20% off



$8.79

save $2.20

Who Gives a Crap
6 Pack Toilet Paper

About the brand
50% of profits are donated to help everyone gain acess to clean water and a toilet.
A small change with big impact!

20% off



$1.83

save $0.46

Who Gives a Crap
Premium Toilet Paper Roll

About the brand
50% of profits are donated to help everyone gain acess to clean water and a toilet.
A small change with big impact!

20% off



$9.19

save $2.30

Who Gives a Crap
6 Pack Premium Toilet Paper

About the brand
50% of profits are donated to help everyone gain acess to clean water and a toilet.
A small change with big impact!

20% off



$5.59

save $1.40

Who Gives a Crap
Kitchen Towel 2Pk

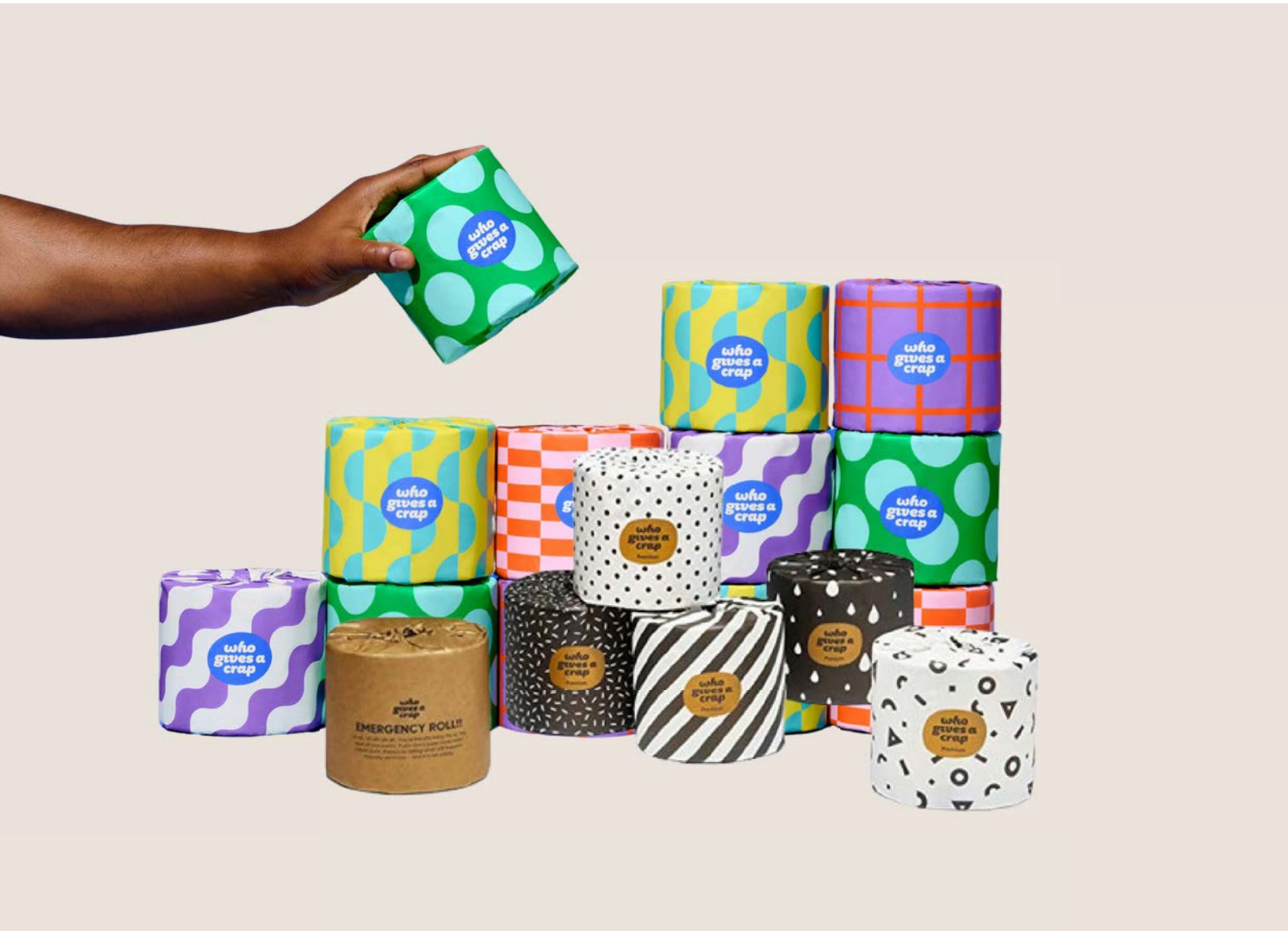
About the brand
50% of profits are donated to help everyone gain acess to clean water and a toilet.
A small change with big impact!

20% off

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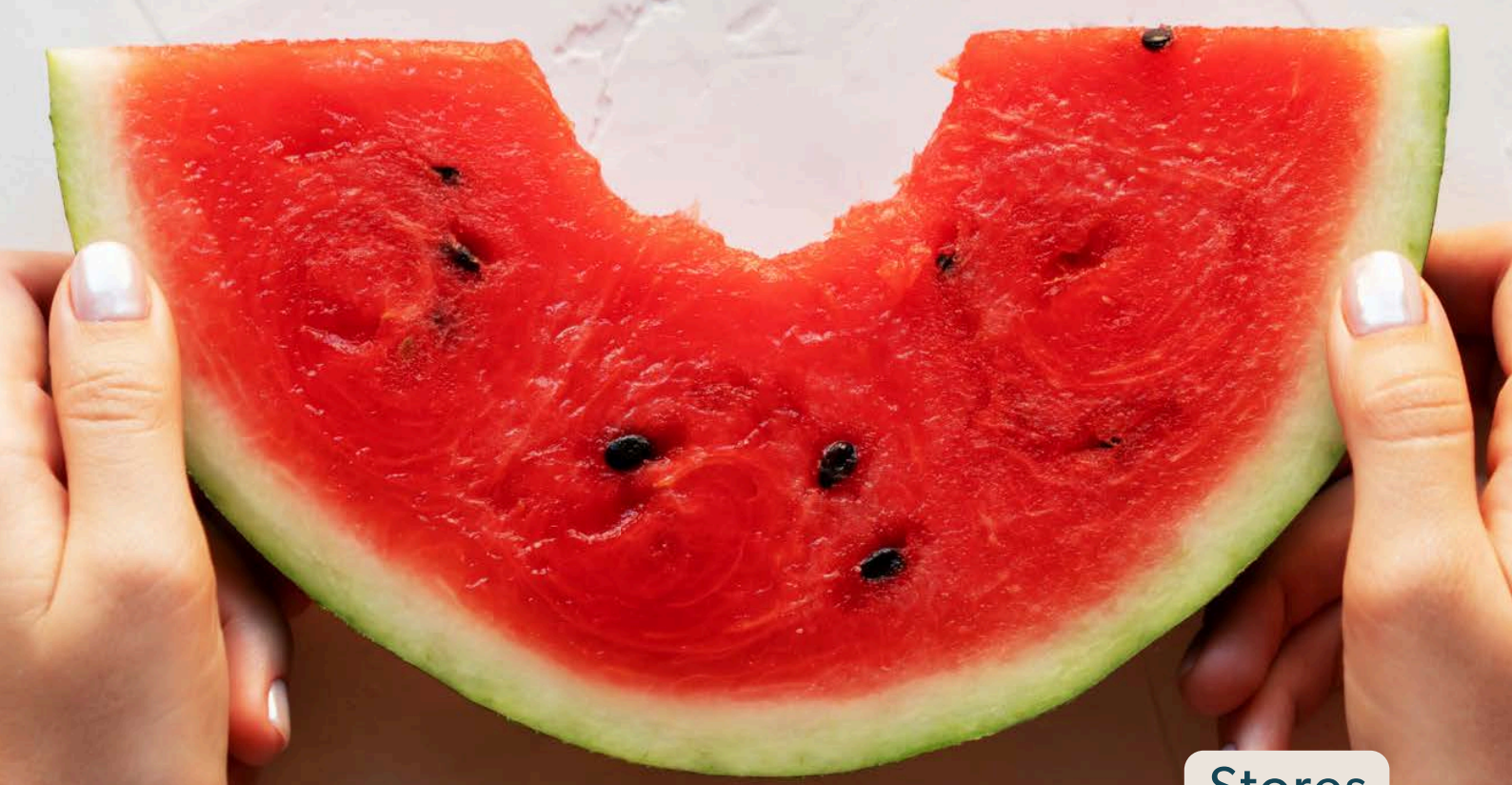
Who Gives a Crap save 20%

Great quality for great value.



WHOLEFOODS HOUSE

WHOLEFOODS HOUSE



Stores

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onlinestore.wholefoodshouse.com.au

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Rosebery: 02 8123 1712
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orders@wholefoodshouse.com.au