



It's all good. It's all here.

August Catalogue



www.wholefoodshouse.com.au

Australian Organic Stock save 50%

Great quality for great value.



August Value Buys

ends 31.08.2026



\$4.50

save \$4.50

Australian Organic
Various Stock 500ml

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

50% off



\$3.99

save \$1.00

Australian Organic
Various Soups 330g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$4.23

save \$1.06

Australian Organic
Sauces 400g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$3.75

save \$0.94

Australian Organic
Passata 500g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$2.23

save \$0.56

Australian Organic
Various Purees 120g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$15.11

save \$3.78

EveryMite
Superspread Low Salt 240g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off

August Value Buys

ends 31.08.2026



\$12.79

save \$3.20

The Stock Merchant
Tallow Beef 210g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.99

save \$2.00

The Stock Merchant
Various Stock 500ml

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$11.67

save \$2.92

The Stock Merchant
Bone Broth 500g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.51

save \$1.88

The Stock Merchant
Pasta Sauces 340g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.59

save \$1.40

The Stock Merchant
Various Broth Rice 250g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.43

save \$1.86

The Stock Merchant
Spelt Pasta 500g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Lo Bros Kombucha save 30%

Great quality for great value.



August Value Buys

ends 31.08.2026



\$6.39

save \$1.60

Spiral Foods

Mirin 250ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



\$6.39

save \$1.60

Spiral Foods

Ponzu Sauce 250ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



\$7.99

save \$2.00

Spiral Foods

Black Garlic Sesame S. 150ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



\$5.11

save \$1.28

Spiral Foods

GF Soy Sauce 200ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



\$7.91

save \$1.98

Spiral Foods

Tamari 250ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off



\$4.39

save \$1.10

Spiral Foods

Umeboshi Vinegar 250ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights and gourmet favourites.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2026



\$5.83

save \$1.46

The Good Crisp Co

Various Flavours 160g

About the brand

Familiar favourites you can feel good about eating and sharing - gluten-free, no preservatives and nothing artificial.

20% off



\$2.95

save \$0.74

The Good Crisp Co

Various Flavours 45g

About the brand

Familiar favourites you can feel good about eating and sharing - gluten-free, no preservatives and nothing artificial.

20% off



\$3.19

save \$0.80

Yava Snacks

Various Flavour Cashews 35g

About the brand

YAVA selects creamy cashews from the volcanic soil in Bali and is a socially responsible company.

20% off



\$3.59

save \$0.90

Ceres

Puffed Snacks 80g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



\$5.00

save \$5.00

Wholefoods House

Spirulina 100g

About the brand

Cairns-based Little Tuna catches their tuna locally and proudly only sell Australian-caught preserved tuna.

50% off



\$12.99

save \$6.00

Wholefoods House

Lingcod 255g

About the brand

Cairns-based Little Tuna catches their tuna locally and proudly only sell Australian-caught preserved tuna.

32% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Season's Top Picks

Discover the best Certified Organic produce of the season



Organic Imperial Mandarins

From Karra Organic Citrus in NSW

Sweet, juicy and bursting with flavour, these Certified Organic Imperial Mandarins are grown by Karra Organic Citrus in Palinyewah, New South Wales. Naturally easy to peel with a beautifully balanced sweetness and refreshing citrus aroma, they're the perfect healthy snack for lunchboxes, entertaining or enjoying on the go. Harvested at peak ripeness, these early-season favourites showcase the exceptional quality of one of Australia's premier organic citrus growers.

We are buying these in bulk so prices will continue to be low all month!



Organic Sundowner Apples

from McMahon Brothers in Stanthorpe QLD

Crisp, juicy and wonderfully balanced, these Certified Organic Sundowner Apples are grown by the fourth-generation McMahon Bros Orchards in Stanthorpe, Queensland.

Naturally sweet with a gentle tang and exceptionally crunchy white flesh, Sundowners are perfect for lunchboxes, cheese boards, baking or enjoying fresh as a wholesome snack. Picked tree-ripened for maximum flavour and certified organic, every apple reflects the McMahon family's decades-long commitment to sustainable farming and outstanding quality.



Organic Tangellos

From Karra Organic Citrus in NSW

Sweet, juicy and packed with vibrant citrus flavour, these Certified Organic Tangellos are grown by Karra Organic Citrus in Palinyewah, New South Wales. A delicious natural hybrid of mandarin and grapefruit, tangellos have tender, seedless flesh with the perfect balance of sweetness and gentle tang.

Their thin, easy-to-peel skin makes them ideal for healthy snacking, while their refreshing flavour is equally at home in salads, fresh juices and desserts. They're a bright and flavourful example of the exceptional quality Karra is renowned for.

Blue Dinosaur save 30%

Great quality for great value.



**WHOLEFOODS
HOUSE**

August Value Buys

ends 31.08.2026



\$7.99

save \$2.00

Boulder Chips

Various Flavours 142g

About the brand

Crafted in the spirit of the mountains, these chips are made with select ingredients and bold flavor that's anything but ordinary.

20% off



\$7.99

save \$2.00

Boulder Chips

Olive Oil 142g

About the brand

Crafted in the spirit of the mountains, these chips are made with select ingredients and bold flavor that's anything but ordinary.

20% off



\$8.79

save \$2.20

Boulder Chips

Avocado Oil 149g

About the brand

Crafted in the spirit of the mountains, these chips are made with select ingredients and bold flavor that's anything but ordinary.

20% off



\$7.99

save \$2.00

Alter Eco

Various Chocolates 80g

About the brand

Organic chocolate that regenerates ecosystems, empowers farmers, and reverses climate change.

20% off



\$10.19

save \$3.40

F.Tonys Choccoloney

Chocolate Bars 180g

About the brand

Sustainably sourced cocoa - ending exploitation in the supply chain. Delicious to boot!

20% off



\$5.24

save \$1.75

Pats

Various Coconut Rolls 140g

About the brand

Say goodbye to guilt-snacking and hello to your new favourite treats!

25% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Pat's Organic save 25%

Great quality for great value.



**WHOLEFOODS
HOUSE**

August Value Buys

ends 31.08.2026



\$3.49

save \$1.50

Lo Bros

Various Kombuchas 350ml

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

30% off



\$3.19

save \$0.80

Bonsoy

Isotonic drinks 250ml

About the brand

Zesty Lemon combined with coconut water, natural mineral salts, and real fruit juice for clean hydration.

20% off



\$6.71

save \$1.68

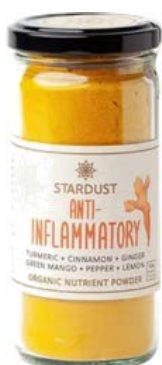
Clipper Tea

Various Flavours 20's

About the brand

The world's biggest Fairtrade tea company using only pure, natural products with a clear conscience.

20% off



from
\$16.55

save \$4.14

Stardust

Elixir Powders 100g

About the brand

Food as medicine at its best! These convenient blends are ready to empower your daily rituals.

20% off



\$24.71

save \$6.18

Stardust

Creatine Monohydrate

About the brand

Food as medicine at its best! These convenient blends are ready to empower your daily rituals.

20% off



\$33.03

save \$8.26

Stardust

Chocolate Plant Protein 450g

About the brand

Food as medicine at its best! These convenient blends are ready to empower your daily rituals.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Tony's Chocolonely save 25%

Great quality for great value.



**WHOLEFOODS
HOUSE**

August Value Buys

ends 31.08.2026



\$3.43

save \$0.86

First Press Coffee
Various Flavours 300ml

About the brand

First Press Coffee was launched in 2013 with the mission to energise any occasion and bring more moments of inspiration and joy to everyone.

20% off



\$10.63

save \$2.66

First Press Coffee
Cold Drip 500ml

About the brand

First Press Coffee was launched in 2013 with the mission to energise any occasion and bring more moments of inspiration and joy to everyone.

20% off



\$3.83

save \$0.96

First Press Coffee
Iced Latte Protein 300ml

About the brand

First Press Coffee was launched in 2013 with the mission to energise any occasion and bring more moments of inspiration and joy to everyone.

20% off



\$5.59

save \$1.40

Madame Tiger
Tigernut Milks 1L

About the brand

Great news! Now you don't have to compromise on protein, vitamins and nutrients if you skip the cows milk.

20% off



\$10.39

save \$2.60

Living Coconut
Coconut Kefir 500ml

About the brand

Living Coconut crafts the purest, most delicious coconut-based products to nourish your body and protect our planet.

20% off



\$29.59

save \$7.40

Wild Mother
Resilience Tonic 500ml

About the brand

This certified organic Resilience Tonic is a deliciously invigorating way to boost daily resilience and overall wellbeing

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2026



\$11.99

save \$3.00



\$11.99

save \$3.00



\$12.71

save \$3.18

Love Tea

Various Flavours 20's

About the brand

Melbourne based Love Tea was founded to help you take care of your health and the health of the planet.

Love Tea

Various Flavours 100g

About the brand

Melbourne based Love Tea was founded to help you take care of your health and the health of the planet.

Love Tea

French Earl Grey

About the brand

Melbourne based Love Tea was founded to help you take care of your health and the health of the planet.

20% off

20% off

20% off



\$3.43

save \$0.86



\$4.79

save \$1.20



\$4.79

save \$1.20

Health Lab

Snack Balls 40g

About the brand

Aussie Born, vegan-friendly snacking brand that creates protein snacks that help you thrive.

Health Lab

Wafer Bars 44g

About the brand

Aussie Born, vegan-friendly snacking brand that creates protein snacks that help you thrive.

Health Lab

Protein Bars 50g

About the brand

Aussie Born, vegan-friendly snacking brand that creates protein snacks that help you thrive.

20% off

20% off

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Love Tea save 20%

Great quality for great value.



WHOLEFOODS
HOUSE

August Value Buys

ends 31.08.2026



\$4.31

save \$1.08

Remedy Drinks

Various drinks 330ml

About the brand

Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

20% off



from
\$2.71

save \$0.68

Remedy Drinks

Kombucha various sizes

About the brand

Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

20% off



from
\$2.71

save \$0.68

Remedy Drinks

Sodaly various sizes

About the brand

Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

20% off



\$4.05

save \$1.74

Blue Dinosaur

Protein Bar 60g

About the brand

Premium, all-natural snack and protein bars fuelling your performance while keeping it clean.

30% off



\$3.07

save \$1.32

Blue Dinosaur

Protein Ball 40g

About the brand

Premium, all-natural snack and protein bars fuelling your performance while keeping it clean.

30% off



\$3.35

save \$1.44

Blue Dinosaur

Snack Bar 45g

About the brand

Premium, all-natural snack and protein bars fuelling your performance while keeping it clean.

30% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2026



from
\$9.11

save \$2.28



\$12.31

save \$3.08



\$3.03

save \$0.76

Gagas

Fermented Veg. 420g

About the brand

Gagas is about delicious food, made traditionally, using thoughtfully chosen ingredients.

20% off

Gagas

Various Krauts 420g

About the brand

Gagas is about delicious food, made traditionally, using thoughtfully chosen ingredients.

20% off

Honest to Goodness

Baked Beans 400g

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off



\$7.11

save \$1.78



\$2.39

save \$0.60



\$3.19

save \$0.80

Honest to Goodness

Canned Chickpeas 400g

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off

Honest to Goodness

Canned Legumes 400g

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off

Honest to Goodness

Coconut Milk 400ml

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Boulder Chips save 20%

Great quality for great value.



**WHOLEFOODS
HOUSE**

August Value Buys

ends 31.08.2026



\$10.79

save \$2.70

Bragg

Apple Cider Vinegar 473ml

About the brand

Nonies is about delicious food, made by hand, using thoughtfully chosen ingredients.

20% off



\$13.27

save \$3.32

Bragg

Seasoning Sprinkle 42.5g

About the brand

Nonies is about delicious food, made by hand, using thoughtfully chosen ingredients.

20% off



\$15.99

save \$4.00

Bragg

Nutritional Yeast 127g

About the brand

Hand crafted in Tasmania! This Sauerkraut packs as much flavour as goodness. Inspired by locally grown sustainable produce.

20% off



\$7.11

save \$1.78

Mekhala

Curry Pastes 100g

About the brand

Mekhala believes in fewer, better ingredients. Every jar is crafted with care, using clean, organic, and plant-based ingredients you can trust.

20% off



\$4.12

save \$1.37

Pat's Kitchen

Soups 400g

About the brand

From the creator of Pat's Snacks, comes Pat's Kitchen. Organic soups that everyone can enjoy.

25% off



\$5.51

save 1.38

Cleanlife

Baby Wipes 80's

About the brand

Xin Hua dumplings are a traditional Chinese cuisine with an inspired new modern twist to add more flavour.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Mindful Foods save 20%

Great quality for great value.



August Value Buys

ends 31.08.2026



\$10.79

save \$2.70

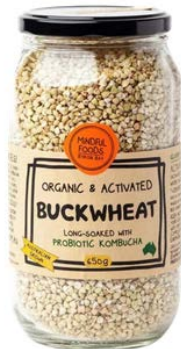
Mindful Foods

Golden Granola 200g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$12.39

save \$3.10

Mindful Foods

Activ. Buckwheat 600g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$19.03

save \$4.76

Mindful Foods

Cacao Granola 450g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$16.55

save \$4.14

Mindful Foods

Maple Munchies 220g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$19.11

save \$4.78

Mindful Foods

Mixed Nuts 250g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$20.63

save \$5.16

Mindful Foods

Wildfire Cashews 280g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2026



\$37.11

save \$9.28

Mindful Foods

Ceremonial Matcha 100g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$13.99

save \$3.50

Mindful Foods

Raw Cacao Powder 260g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$24.79

save \$6.20

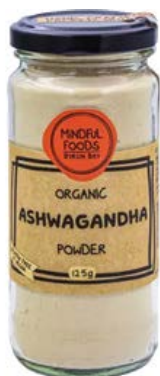
Mindful Foods

Cacao Nibs 280g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$13.99

save \$3.50

Mindful Foods

Ashwagandha 125g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$16.55

save \$4.14

Mindful Foods

Frz Dried Raspberries 40g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



from
\$13.99

save \$3.50

Mindful Foods

Various Teas

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Mindful Foods save 20%

Great quality for great value.





WHOLEFOODS
HOUSE

Stores

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14/61-71 Mentmore Avenue, Rosebery 2018
or online via
onlinestore.wholefoodshouse.com.au

Contact

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Rosebery: 02 8123 1712
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orders@wholefoodshouse.com.au