



It's all good. It's all here.

January Catalogue



www.wholefoodshouse.com.au

Remedy Drinks save 30%

Great quality for great value.



January Value Buys

ends 31.01.2026



\$3.99

save \$1.00

Emma & Toms

Various Flavours 350ml

About the brand

Emma & Tom, two childhood friends who started making juice in 2004 to help us all look after ourselves better

20% off



\$3.99

save \$1.00

Emma & Toms

Various Flavours 450ml

About the brand

Emma & Tom, two childhood friends who started making juice in 2004 to help us all look after ourselves better

20% off



\$3.67

save \$0.92

Ridiculously Delicious

Snack Bars 50g

About the brand

Australian golden roasted peanuts and only the best ingredients to make truly delicious snack bars.

20% off



\$7.99

save \$2.00

Ridiculously Delicious

Peanut butters 375g

About the brand

Australian golden roasted peanuts, ground to creamy smooth perfection and lightly salted. That's it!

20% off



\$5.43

save \$1.36

Ridiculously Delicious

Peanut Brittle 85g

About the brand

A moreish peanut brittle handmade the old-fashioned way, for some good old-fashioned joy with every bite.

20% off



\$8.79

save \$2.20

Ridiculously Delicious

Peanut Brittle 180g

About the brand

A moreish peanut brittle handmade the old-fashioned way, for some good old-fashioned joy with every bite.

20% off

January Value Buys

ends 31.01.2026



\$3.49

save \$1.50

Lo Bros Kombucha
Various Flavours 330ml

About the brand

Lo Bros is committed to sourcing wholesome ingredients that both nourish people and our planet.

30% off



\$3.43

save \$0.86

Rutherford Wafers
Various Flavours 60g

About the brand

Rutherford and Meyer is a New Zealand producer of the finest crackers and gourmet foods.

20% off



\$3.99

save \$1.00

Rutherford Wafers
Gluten Free Wafers 60g

About the brand

Rutherford and Meyer is a New Zealand producer of the finest crackers and gourmet foods.

20% off



\$7.99

save \$2.00

Jacksons
Sweet Potato Chips 142g

About the brand

Sweet potato chips kettle-cooked to perfection in avocado oil. Snacking at its best without compromise.

20% off



\$7.91

save \$1.98

Jacksons
Veggie Straws 142g

About the brand

Veggie straws are the newest Avocado Oil snack from Jacksons - try them and fall in love!

20% off



\$8.39

save \$2.10

Pico Chocolate
Various Flavours 80g

About the brand

Pico lives and breathes the art of chocolate. It's the blending of craft and ingredients with skill and love.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

True Dates save 30%

Great quality for great value.



January Value Buys

ends 31.01.2026



\$4.61

save \$1.98

True Dates

Various Flavours 100g

About the brand

On a mission to craft better snacks that satisfies cravings without compromising on taste or nutrition -meet True Dates.

30% off



\$7.99

save \$2.00

Serious

Various Cookies 170g

About the brand

Most snack foods aren't made in a way that's good for you or the planet. Serious is here to change that.

20% off



\$4.63

save \$1.16

Serious

Pea Puffs 100g

About the brand

Most snack foods aren't made in a way that's good for you or the planet. Serious is here to change that.

20% off



\$6.23

save \$1.56

Serious

Pea Puffs 5x15g

About the brand

Most snack foods aren't made in a way that's good for you or the planet. Serious is here to change that.

20% off



\$3.59

save \$0.90

Serious

Popcorn 70g

About the brand

Most snack foods aren't made in a way that's good for you or the planet. Serious is here to change that.

20% off



\$7.59

save \$1.90

Serious

Popcorn 10x12g

About the brand

Most snack foods aren't made in a way that's good for you or the planet. Serious is here to change that.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Lo Bros Kombucha save 30%

Great quality for great value.



January Value Buys

ends 31.01.2026



\$8.79

save \$2.20

The Stock Merchant

Anchovies in EVOO 48g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.27

save \$1.32

The Stock Merchant

Sardines in Water 120g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.83

save \$1.46

The Stock Merchant

Sardines in EVOO 120g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.83

save \$1.46

The Stock Merchant

Smoked Sardines 120g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.19

save \$1.80

The Stock Merchant

Tuna in Pure Water 120g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.83

save \$1.96

The Stock Merchant

Tuna in EVOO 120g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Season's Top Picks

Discover the best Certified Organic produce of the season



Organic Seedless Watermelon

from Karra Organics, NSW

From the fertile river flats of Palinyewah, under endless Australian sunshine, Karra Organics grows watermelons that redefine what fruit should taste like.

The moment you take your first bite, you'll notice an extraordinary sweetness — deep, natural, and fragrant — that floods the palate before the refreshing juiciness follows. This isn't the watered-down sweetness of supermarket melons picked early and shipped long distances; each Karra Organic watermelon is allowed to fully ripen on the vine, concentrating its sugars slowly in the warm NSW sun so the flavour is rich, pure and intensely satisfying — a true celebration of summer.



Organic Sunrise Red Seedless Grapes

from Don't Mess With Mother Nature

Straight from the rich, organic soils tended by Don't Mess With Mother Nature Organics come Sunrise Red seedless grapes that transform every bite into a moment of pure, natural delight. These early-season, deep red berries are known for their large, plump size and crisp, juicy texture, making them stand out on the vine and on your palate.

From the first burst of sweetness, you'll notice a refined flavour that's both naturally rich and gently fruity, more vibrant than many conventionally grown grapes. The first pick is sweet from the get-go, other varieties to follow in the coming months!



Organic Local Beetroot Bunches

from Dennis Bagnall in Dapto, NSW

Grown with decades of skill and care by Dennis Bagnall at the certified organic Dapto Community Farm, these beetroot bunches are a vibrant expression of local Illawarra soil and sun.

Dennis has tended organic vegetables for more than 25 years, and his produce is picked with precision and passion — harvested the day before it reaches our shelves, so you get flavour that's unmistakably fresh and alive.

January Value Buys

ends 31.01.2026



\$4.27

save \$1.42

Blue Dinosaur
Vegan Snack Bars

About the brand

Premium, all-natural snack and protein bars fuelling your performance while keeping it clean.

25% off



\$3.59

save \$1.20

Blue Dinosaur
Snack Bars 45g

About the brand

Premium, all-natural snack and protein bars fuelling your performance while keeping it clean.

25% off



\$2.62

save \$0.87

Blue Dinosaur
Bites 30g

About the brand

Premium, all-natural snack and protein bars fuelling your performance while keeping it clean.

25% off



\$8.79

save \$2.20

Goodness Kitchen
Various Flavours 200g

About the brand

Plump, juicy berries dipped in rich dark vegan choc, offering a burst of sophistication in every bite.

20% off



\$14.47

save \$3.62

Honest to Goodness
Various Granolas 450g

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet.

20% off



\$15.67

save \$3.92

Honest to Goodness
Super Seed Granola 450g

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

January Value Buys

ends 31.01.2026



\$3.51

save \$0.88

Health Lab
Snack Balls 40g

About the brand

Aussie Born, vegan-friendly snacking brand that creates protein snacks that help you thrive.

20% off



\$3.51

save \$0.88

Health Lab
Snack Bars 40g

About the brand

Aussie Born, vegan-friendly snacking brand that creates protein snacks that help you thrive.

20% off



\$4.79

save \$1.20

Health Lab
Protein Bars 50g

About the brand

Aussie Born, vegan-friendly snacking brand that creates protein snacks that help you thrive.

20% off



\$11.67

save \$2.92

The Stock Merchant
Bone Broth 500g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.59

save \$1.40

The Stock Merchant
Bone Broth Rice 250g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.99

save \$2.00

The Stock Merchant
Stock 500ml

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Blue Dinosaur save 25%

Great quality for great value.



**WHOLEFOODS
HOUSE**

January Value Buys

ends 31.01.2026



\$3.77

save \$1.62

Remedy Drinks

Various Flavoured drinks

About the brand

Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

30% off



from
\$2.37

save \$1.02

Remedy Drinks

Kombucha various sizes

About the brand

Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

30% off



from
\$2.37

save \$1.02

Remedy Drinks

Sodaly various sizes

About the brand

Sarah and Emmet started Remedy in 2012 on their kitchen bench with a tasty batch of home-brewed kombucha, the rest is history.

30% off



\$4.55

save \$1.14

Funday

Chews Var. Flavours

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off



\$4.71

save \$1.18

Funday

Lollies 50g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off



\$9.59

save \$2.40

Funday

Lollies 120g

About the brand

Founded in Melbourne offering a better sugar-free treat. Bringing you fun and colour without regrets.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Funday Lollies save 20%

Great quality for great value.





Stores

112 Queen Street, Woollahra 2025
14/61-71 Mentmore Avenue, Rosebery 2018
or online via
onlinestore.wholefoodshouse.com.au

Contact

Woollahra: 02 9363 9879
Rosebery: 02 8123 1712
wfh@wholefoodshouse.com.au
orders@wholefoodshouse.com.au