

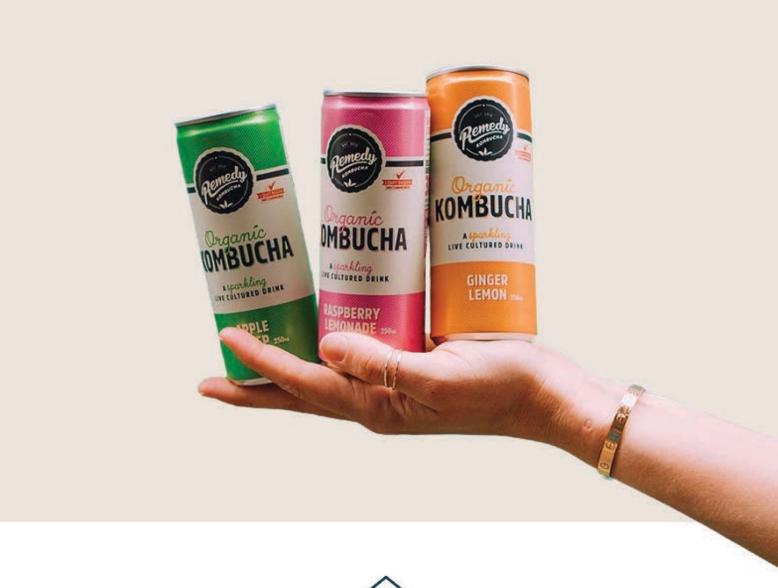
It's all good. It's all here.

November Catalogue



www.wholefoodshouse.com.au

Remedy 2 or more save 50%





ends 30.11.2025













\$3.99

save \$1.00

Bonsoy Kombucha

Various Flavours 250ml

About the brand

Bonsoy has been brewing wholesome drinks since 1983 and still serves up the best from nature.

50% off

Bonsoy Coconut Water

Various Flavours 320ml

About the brand

Bonsoy has been brewing wholesome drinks since 1983 and still serves up the best from nature.

20% off

Karma Drinks

Various Flavours 330ml

About the brand

Drinks with ingredients good for the land, the people and the farmers growing them - meet Karma!

20% off





Barbell

Dried Steak 70a

About the brand

Barbell believes in quality over quantity. So they only use beef from regenerative farms.

20% off





Aurelio

Spicy Salsa 300g

Aurolio 3

About the brand

A premium certified organic selection of sauces and condiments to delight your tastebuds.

20% off



About the brand

Dried Steak 200g

Barbell believes in quality over quantity. So they only use beef from regenerative farms.

ends 30.11.2025



\$6.99 save \$3.00



\$5.99 save \$2.00



\$2.99 save \$1.00

Jacksons Sweet Potato

Various Flavour Chips 142q

About the brand

Sweet potato chips kettle-cooked to perfection in avocado oil. Snacking at its best without compromise.

30% off

Proper Crisps

Various Flavours 140a

About the brand

NEW

Made in Nelson New Zealand. these crisps are hand cooked and seasoned with love.

25% off

Proper Crisps

Various Flavours 40a

About the brand

Made in Nelson New Zealand. these crisps are hand cooked and seasoned with love.

25% off



\$4.39 save \$1.10



\$4.79 save \$1.20



\$8.79 save \$2.20

Ceres

Pea Chips 100g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off

Ceres

Pea Chips 5x18a

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off

Dr Karg Crispbread

Various Flavours 200a

About the brand

Founded by Dr. Karl Karg to marry traditional flavours with the best organic and sustainable ingredients.

Jacksons Sweet Potato Chips save 30%





ends 30.11.2025





\$3.67 save \$0.92



\$7.59 save \$1.90



\$1.91 save \$0.48

Serious

Popcorn 70g

About the brand

From the farm to the bag, Serious snacks are organic and 100% traceable, and free-from nasties.

20% off

Serious

Popcorn 10x 12g

About the brand

From the farm to the bag, Serious snacks are organic and 100% traceable, and free-from nasties.

20% off

Serious

Popcorn 18g

About the brand

From the farm to the bag, Serious snacks are organic and 100% traceable, and free-from nasties.

20% off



\$4.63 save \$1.16



\$6.23 save \$1.56



\$3.43 save \$0.86

Serious

Pea Puffs 100g

About the brand

From the farm to the bag, Serious snacks are organic and 100% traceable, and free-from nasties.

20% off

Serious

Pea Puffs 5x15q

About the brand

From the farm to the bag, Serious snacks are organic and 100% traceable, and free-from nasties.

20% off

Rutherford Wafers

Various Flavours 60g

About the brand

Rutherford and Meyer is a New Zealand producer or the finest crackers and gourmet foods.

ends 30.11.2025







\$8.39 save \$2.10





Serious

Cookies 170a

About the brand

From the farm to the bag, Serious and free-from nasties.

20% off

Pico Chocolate

Various Flavours 80a

About the brand

Pico lives and breathes the art of snacks are organic and 100% traceable, chocolate. It's the blending of craft and ingredients with skill and love.

20% off

Pana Ice Cream

Sticks 360ml

About the brand

Pana exists to create amazing vegan, organic artisanal food that nourishes you and the earth.

20% of







\$4.71 save \$1.18



\$9.59 save \$2.40

Funday

Lollipops 11a

About the brand

Pico lives and breathes the art of chocolate. It's the blending of craft and ingredients with skill and love.

20% off

Funday

Lollies 50a

About the brand

Carefully sourced, pure organic coconut and selected live cultures handcrafted on the Sunshine Coast.

20% off

Funday

Lollies 120a

About the brand

Carefully sourced, pure organic coconut and selected live cultures handcrafted on the Sunshine Coast.

Bonsoy Kombucha save 50%





ends 30.11.2025

NEW













Clipper Teas

Pyramids 20's

About the brand

The world's biggest Fairtrade tea company using only pure, natural products with a clear conscience.

20% off

Planet Organic

Tea Bags 25's

About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off

Nutty Bruce

Various Flavours 11

About the brand

Bruce is here to take Real World You by the hand and put a tasty plant milk in it (or a ball or a bar).

20% off







\$5.59 save \$1.40





Emma & Toms

luices 350ml

About the brand

Emma & Tom, two childhood friends who started making juice in 2004 to help us all look after ourselves better.

20% off

Pat's

Coconut Rolls 140a

About the brand

Say goodbye to guilt-snacking and hello From the creator of Pat's Snacks, to your new favourite treats!

20% off

Pat's Kitchen

Soups 400a

About the brand

comes Pat's Kitchen. Organic soups that everyone can enjoy.

ends 30.11.2025













Rutherford Wafers

Various Flavours 60g

About the brand

The perfect light, crisp bite-sized wafer cracker for all platter creatives and connoisseurs made in NZ.

20% off

Spiral Foods Crackers

About the brand

Spiral Foods is Australia's leading supplier of quality Traditional Foods with an emphasis on Organics.

20% off

Spiral Foods

Tomato Ketchup 300ml

About the brand

Spiral Foods is Australia's leading supplier of quality Traditional Foods with an emphasis on Organics.

20% off













Spiral FoodsSalsa Mild 300g

About the brand

Spiral Foods is Australia's leading supplier of quality Traditional Foods with an emphasis on Organics.

20% off

King SobaSoba Noodles 250a

About the brand

Spiral Foods is Australia's leading supplier of quality Traditional Foods with an emphasis on Organics.

20% off

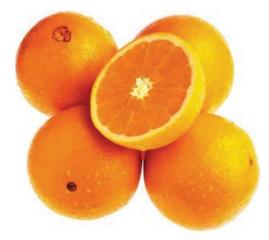
Epic XylitolGum 12pcs

About the brand

Xylitol is the sweet compound from birch trees that helps ward off cavities and aiding in oral health.

Season's Top Picks

Discover the best Certified Organic produce of the season







Organic 'Late Lane' Navel Oranges

from Karra Organic Citrus

Karra Organic Citrus' Lane Late Navel Oranges are the perfect way to savour the last of the citrus season.

Ripened slowly under the Australian sun, these premium oranges deliver a vibrant sweetness with that classic navel juiciness and easy-to-peel rind. Naturally seedless and bursting with bright, balanced flavour, they're perfect for snacking, juicing, or adding a refreshing lift to your morning routine.

We should have supply till the end of November, weather permitting!

Organic Kensington Pride Mangoes

from The Keane Family in Dundee Downs, NT

This is our first year stocking fruit from the Keane Family in Dundee Downs, Northern Territory.

With their golden-yellow skin blushed with a hint of pink, Kensington Prides deliver a fragrant aroma the moment they hit our shelves. The flesh is juicy, vibrant orange-yellow, and beautifully balanced: sweet with a gentle tang, and delightfully smooth.

We usually don't have mangoes this early in the year, a welcome surprise!

Organic Seedless Watermelon

from VJ Kalfresh in Kalbar QLD

Nestled in the heart of the richly fertile Fassifern Valley, just outside the township of Kalbar (around 85 km south-west of Brisbane), Kalfresh's operations benefit from some of Queensland's finest agricultural land.

These seedless watermelons are the taste of Queensland summer — crisp, refreshing, and naturally sweet. Grown in the rich soils of the Scenic Rim, each watermelon is picked at peak ripeness for that perfect crunch and deep red, juicy flesh that bursts with natural sweetness — and without a single seed in sight!

ends 30.11.2025











\$3.83 save \$0.96

Eco Organics

Mung Bean Fettuccine

About the brand

Eco Organics produces foods packed with nutrition, full of goodness that is naturally delicious.

20% off

Eco Organics

Chickpea Fettuccine

About the brand

Eco Organics produces foods packed with nutrition, full of goodness that is naturally delicious.

20% off

Eco Organics

Edamame Spaghetti

About the brand

Eco Organics produces foods packed with nutrition, full of goodness that is naturally delicious.

20% of













Honest to Goodness

Various Pasta 500a

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet.

20% off

Honest to Goodness

Passata 680a

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet

20% off

Honest to Goodness

Tomato Paste 210a

About the brand

Committed to responsibly sourcing wholesome ingredients that both nourish people and our planet

ends 30.11.2025













Karma Juices

Various Flavours 300ml

About the brand

Drinks with ingredients good for the land, the people and the farmers growing them - meet Karma!

20% off

MateoYerba Mate

Various Flavours 330ml

About the brand

Born out of a chef's passion for an ingredient Mateo was born to take Australia by storm.

20% off

Lo Bros Kombucha

Various Flavours 330ml

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

20% off







\$7.75 save \$1.94



\$8.79 save \$2.20

Goodness Kitchen

Various Flavours 200g

About the brand

Plump, juicy berries dipped in rich dark vegan choc, offering a burst of sophistication in every bite.

20% off

Goodness Kitchen

Various Flavours 200a

About the brand

Plump, juicy berries dipped in rich dark vegan choc, offering a burst of sophistication in every bite.

20% off

The Goods

Bone Broth 400ml

About the brand

Undivided Foods make real, timehonoured and nutrient-dense food as tasty & convenient as possible.

Proper Crisps save 25%





ends 30.11.2025













Nutra Organic

Sleep Choc Drink 200g

About the brand

Wholefoods to deeply nourish. Evidence based, sustainably minded, family friendly nutrition.

20% off

Nutra Organic

Beauty Collagen 225g

About the brand

Wholefoods to deeply nourish. Evidence based, sustainably minded, family friendly nutrition.

20% off

Nutra Organic

Protein Water 450g

About the brand

Wholefoods to deeply nourish. Evidence based, sustainably minded, family friendly nutrition.

20% off

NEW



\$18.95 save \$4.74



\$37.19 save \$9.30





Nutra Organic

Gutsy Gummies 150g

About the brand

Wholefoods to deeply nourish. Evidence based, sustainably minded, family friendly nutrition.

20% off

Nutra Organic

Super Greens & Reds 150g

About the brand

Wholefoods to deeply nourish. Evidence based, sustainably minded, family friendly nutrition.

20% off

Nutra Organic

Bone Broth Conc. 250g

About the brand

Wholefoods to deeply nourish. Evidence based, sustainably minded, family friendly nutrition.

ends 30.11.2025







\$8.39 save \$2.10



\$7.99 save \$2.00

Elgin*

Sweet Cherries 350g

About the brand

Elgin Organic - where nature meets nourishment. Snap frozen for ultimate freshness.

20% off

Elgin*

Mango 350g

About the brand

Elgin Organic - where nature meets nourishment. Snap frozen for ultimate freshness.

20% off

Elgin*

Blueberries 350g

About the brand

Elgin Organic - where nature meets nourishment. Snap frozen for ultimate freshness.

20% off

*Available from 7th November







\$9.35 save \$2.34





Elgin*

Peas 600g

About the brand

Elgin Organic - where nature meets nourishment. Snap frozen for ultimate freshness.

20% off

Elgin*

Spinach 500g

About the brand

Elgin Organic - where nature meets nourishment. Snap frozen for ultimate freshness.

20% off

Elgin*

Spring Harvest 600g

About the brand

Elgin Organic - where nature meets nourishment. Snap frozen for ultimate freshness.

Elgin save 20%





ends 30.11.2025



Eco Store

Dishwashing Liquid 1L

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off





Eco Store

Dishwashing Liquid 500ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off





Eco Store

Dishwashing Liquid FF 500ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off







\$15.75 save \$3.94





Eco Store

Dishwashing Tablets 30's

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off

Eco Store

Lemon Dish. Tablets 22's

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off

Eco Store

Rinse Aid Lemon 200ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

ends 30.11.2025





refill tablet







Good Change

All Purpose Cleaner 500ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off

Good Change

All Purpose Refill Tablet

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off

Good Change

Bamboo Towels 20's

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off



Good Change

Dish Brush each

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off





Good Change

Eco Cloth 3pk

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off





Good Change

Eco Scrubs 2pk

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

