



It's all good. It's all here.

August Catalogue



www.wholefoodshouse.com.au

Mindful Foods save 20%

Great quality for great value.



August Value Buys

ends 31.08.2025



\$9.11

save \$2.28

Mindful Foods

Golden Granola 200g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$12.39

save \$3.10

Mindful Foods

Activated Buckwheat 600g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$14.07

save \$3.52

Mindful Foods

Tummy Tea 90g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$16.55

save \$4.14

Mindful Foods

Maple Munchies

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$16.55

save \$4.14

Mindful Foods

Activated Nuts 250g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$18.15

save \$4.54

Mindful Foods

Cacao Granola 450g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off

August Value Buys

ends 31.08.2025



\$7.99

save \$2.00

Boulder Chips

Avocado Oil 149g

About the brand

Boulder chips are thickly sliced and kettle cooked in small batches – guaranteeing a satisfying crunch.

20% off



\$7.99

save \$2.00

Boulder Chips

Olive Oil 142g

About the brand

Boulder chips are thickly sliced and kettle cooked in small batches – guaranteeing a satisfying crunch.

20% off



\$7.11

save \$1.78

Boulder Chips

Crisp Varieties 142g

About the brand

Boulder chips are thickly sliced and kettle cooked in small batches – guaranteeing a satisfying crunch.

20% off



\$3.51

save \$0.88

Ceres

Crackers 115g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



\$4.39

save \$1.10

Ceres

Pea Chips 100g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



\$3.59

save \$0.90

Ceres

Puffed Stars 80g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Planet Organic save 20%

Great quality for great value.



August Value Buys

ends 31.08.2025



\$6.31

save \$1.58

Planet Organic Select Tea Varieties About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off



\$7.19

save \$1.80

Planet Tea Select Tea Varieties About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off



\$7.19

save \$1.80

Planet Organic Select Spice Varieties About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off



\$7.19

save \$1.58

Planet Organic Select Herb Varieties About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off



\$7.19

save \$1.80

Planet Organic Select Spice Blends About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off



\$7.19

save \$1.58

Planet Organic Select Whole Spices About the brand

Organic farming helps build a healthy global community by employing safe agricultural practices that work in harmony with our environment.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

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\$8.79

save \$2.20

Tony's Chocolonely
Bars 180g

About the brand

Sustainably sourced cocoa - ending exploitation in the supply chain.
Delicious to boot!

20% off



\$3.67

save \$0.92

Tony's Chocolonely
Bars 47g

About the brand

Sustainably sourced cocoa - ending exploitation in the supply chain.
Delicious to boot!

20% off



\$8.47

save \$2.12

Tony's Chocolonely
Lil Bits 113g

About the brand

Sustainably sourced cocoa - ending exploitation in the supply chain.
Delicious to boot!

20% off



\$4.15

save \$1.04

Valli Sweets
50g Varieties

About the brand

Bursting with flavour, Valli harnesses the power of super foods to allow you to enjoy the sweeter things in life!

20% off



\$5.59

save \$1.40

Pana Organic
45g Varieties

About the brand

Always hand crafted, amazing, plant based, organic food for every one and every occasion.

20% off



\$4.89

save \$2.10

Pat's Organic Snacks
Coconut Roll Varieties 140g

About the brand

Say goodbye to guilt-snacking and hello to your new favourite treats!

30% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Boulder Chips save 20%

Great quality for great value.



August Value Buys

ends 31.08.2025



\$6.39

save \$1.60

Love Your Guts

Kraut Varieties 250g

About the brand

Award-winning fermented foods handmade in Tasmania for maximum gut goodness. Make your insides happy 🌈

20% off



\$10.87

save \$2.72

Love Your Guts

Kraut Varieties 500g

About the brand

Award-winning fermented foods handmade in Tasmania for maximum gut goodness. Make your insides happy 🌈

20% off



\$4.79

save \$1.20

Ceres

Sauerkraut 680g

About the brand

With Ceres Organics products each bite counts - towards a better future, creating a better world.

20% off



\$4.47

save \$1.12

Jiva Juice

300ml Varieties

About the brand

Founded in Sydney, JIVA knows that the best ingredients make the best tasting beverages.

20% off



\$3.49

save \$1.50

Lo Bros

Kombucha Varieties 330ml

About the brand

We are committed to responsibly sourcing wholesome ingredients that both nourish both people and our planet.

30% off



\$5.59

save \$1.40

Nutty Bruce

Almond Milk Varieties 1L

About the brand

Bruce is here to take Real World You by the hand and put a tasty plant milk in it (or a ball or a bar).

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2025



\$3.84

save \$1.65

Pat's Soups

400g Varieties

About the brand

From the creator of Pat's Snacks, comes Pat's Kitchen. Organic Winter warmers that everyone can enjoy.

30% off



\$7.99

save \$2.00

Spiral Foods

100% Buckwheat Soba

About the brand

Spiral Foods is Australia's leading supplier and distributor of quality Traditional Foods with an emphasis on Organics.

20% off



\$3.67

Save \$0.92

Spiral Foods

Soba & Udon Varieties

About the brand

Spiral Foods is Australia's leading supplier and distributor of quality Traditional Foods with an emphasis on Organics.

20% off



\$4.71

save \$1.18

Spiral Foods

Instant Varieties

About the brand

Spiral Foods is Australia's leading supplier and distributor of quality Traditional Foods with an emphasis on Organics.

20% off



\$4.63

save \$1.16

Spiral Foods

Ramen Varieties 88g

About the brand

Spiral Foods is Australia's leading supplier and distributor of quality Traditional Foods with an emphasis on Organics.

20% off



\$4.47

save \$1.12

Spiral Foods

Soy Sauce 200ml

About the brand

Spiral Foods is Australia's leading supplier and distributor of quality Traditional Foods with an emphasis on Organics.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

Ceres Snacks save 20%

Great quality for great value.



Season's Top Picks

Discover the best Certified Organic produce of the season



Red Papaya

from Boruca Farm in Cooktown, QLD

Bursting with flavour

Located in the beautiful Mclvor Valley, Boruca Farm produces certified Organic Paw Papaya, Passionfruit, Pumpkin, Cucumber, Citrus and a wide range of tropical fruits.

Their Asian papaya variety are smaller than some other variants, but have a stunning rich orange flesh, sweet flavour and minimal seeds. Delicious!



Pink Lady Apples

from Don Edwards in Mornington Peninsula, VIC

Crispy and tangy

The farm is located on the beautiful Mornington Peninsula at Red Hill and they have been certified organic 'A' by NASAA (National Association for Sustainable Agriculture in Australia) since the early 1990's.

These Pink lady's are currently our best selling variety and its no secret why! Some pink lady apples can have a slightly floury texture, but Don's fruit is crispy - with a tangy, sweet twist. Truly amazing apples that will be around for the next 2 or so months!



Tangellos

from Karra Organic Citrus in NSW

Juicy, low calorie Vitamin C

Karra Organic's tangellos are proudly harvested in Ellerslie, NSW, and certified by NASAA (National Association for Sustainable Agriculture Australia). This bright orange, pear- or bell-shaped citrus hybrid—between mandarin and grapefruit—features tender, juicy flesh with a perfect balance of sweetness and tang. Its thin, loose skin makes it delightfully easy to peel

With its vibrant colour, seedless flesh, and fragrant citrus taste, Karra Organic Tangelo brings a sunshine-fresh burst in every peel. Ideal for healthy snacking, zingy salads, drinks or desserts!

August Value Buys

ends 31.08.2025



\$7.99

save \$2.00

The Stock Merchant
Stock Varieties 500ml

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.03

save \$1.76

The Stock Merchant
Anchovies in EVOO

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.27

save \$1.32

The Stock Merchant
Sardines in Pure Water

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.83

save \$1.46

The Stock Merchant
Sardines in EVOO

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.83

save \$1.46

The Stock Merchant
Smoked Sardines

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.83

save \$1.96

The Stock Merchant
Tuna in EVOO

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2025



\$8.79

save \$2.20

The Stock Merchant Sauce Varieties

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$11.67

save \$2.92

The Stock Merchant Broths 500ml

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights..

20% off



\$17.19

save \$4.30

The Stock Merchant Broth Concentrates 275g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.59

save \$1.40

The Stock Merchant Broth Rice Original

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.59

save \$1.40

The Stock Merchant Broth Rice Mexican

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.59

save \$1.40

The Stock Merchant Broth Rice Spanish

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

August Value Buys

ends 31.08.2025



\$3.19

save \$0.80

Eco Store

Soap Varieties 80g

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off



\$7.51

save \$1.88

Eco Store

Bath & Shower 500ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off



\$7.51

save \$1.88

Eco Store

Multi-Purpose Cleaner 500ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off



\$8.79

save \$2.20

Eco Store

Fabric Softener 500ml

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off



\$21.35

save \$5.34

Eco Store

Laundry Capsules 26pc

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off



\$10.23

save \$2.56

Eco Store

Laundry Powder Varieties 1kg

About the brand

Founded in NZ in 1993, always putting people's health first and to provide a choice for clean living.

20% off

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.

New Products

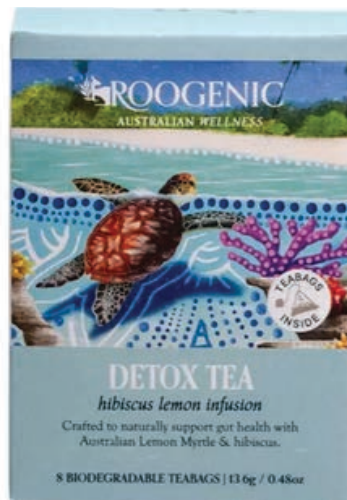
Great items to introduce into your rotation!



Patch Organic
Wild Blueberries

1kg

\$23.19



Roogenic
Tea Varieties

8pc

\$10.69



Sunseeker Chips
Tallow or Olive Oil

140g

\$11.99



True Dates

Various Varieties

100g

\$6.59



Jackson's Avocado Oil

Sweet Potato Chips

142g

\$9.99



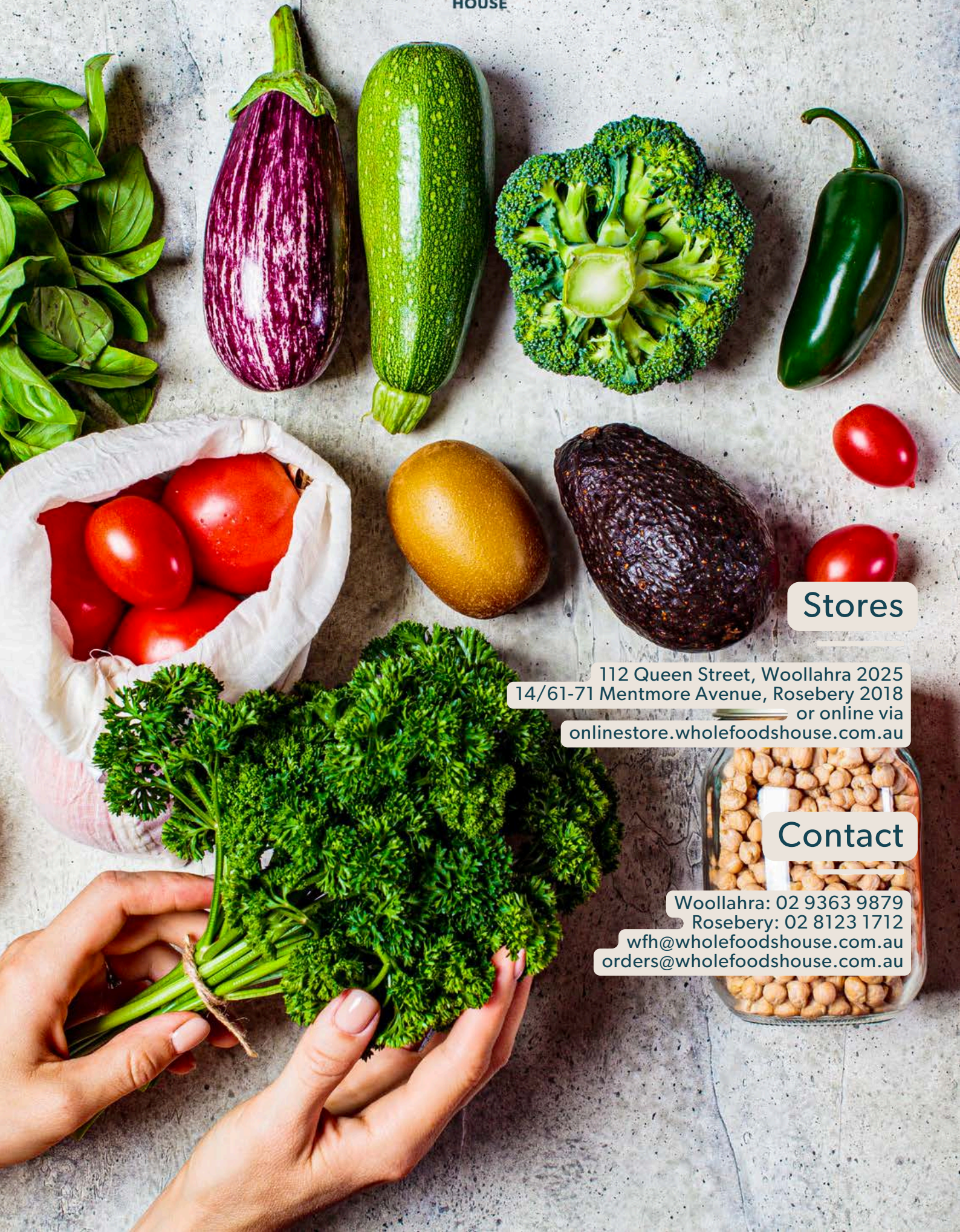
Marlee

Tuna Varieties

95g

\$2.69

Product prices as marked in store, subject to change without notice and while stocks last. No further discount.



Stores

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14/61-71 Mentmore Avenue, Rosebery 2018
or online via
onlinestore.wholefoodshouse.com.au

Contact

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Rosebery: 02 8123 1712
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orders@wholefoodshouse.com.au