



It's all good. It's all here.

May Catalogue



www.wholefoodshouse.com.au

Roho Cookie Ice Cream Sandwiches save 20%

Great quality for great value.



ROHO
DAIRY & GLUTEN FREE



May Value Buys

ends 31.05.2025



\$9.59

save \$2.40

Roho Cookie Ice Cream
Sandwiches 175g

About the brand

Notably boujee, surprisingly plant based and gluten free but above all - to die for delicious!

20% off



\$6.87

save \$1.72

Alter Eco
Chocolate Bars 75g

About the brand

Organic chocolate that regenerates ecosystems, empowers farmers, and reverses climate change.

20% off



\$6.87

save \$1.72

Alter Eco
Chocolate Bars 80g

About the brand

Organic chocolate that regenerates ecosystems, empowers farmers, and reverses climate change.

20% off



\$6.87

save \$1.72

Alter Eco
Truffle Thins 84g

About the brand

Organic chocolate that regenerates ecosystems, empowers farmers, and reverses climate change.

20% off



\$11.99

save \$3.00

Honest to Goodness
Raw Honey 500ml

About the brand

A family owned Australian company committed to responsibly sourcing wholesome ingredients .

20% off



\$6.87

save \$1.72

Honest to Goodness
Agave Syrup 250ml

About the brand

A family owned Australian company committed to responsibly sourcing wholesome ingredients .

20% off

May Value Buys

ends 31.05.2025



\$6.39

save \$1.60

Honest to Goodness
White Flour UB 1kg

About the brand

A family owned Australian company committed to responsibly sourcing wholesome ingredients .

20% off



\$5.83

save \$1.46

Honest to Goodness
Peanut Butters 375g

About the brand

A family owned Australian company committed to responsibly sourcing wholesome ingredients .

20% off



\$9.43

save \$2.36

Honest to Goodness
Almond Spread 240g

About the brand

A family owned Australian company committed to responsibly sourcing wholesome ingredients .

20% of



\$7.19

save \$1.80

Epic
Xylitol Gums 12 pcs

About the brand

Xylitol is the sweet compound from birch trees that helps ward off cavities and aiding in oral health.

20% off



\$4.07

save \$2.72

Olly's Pretzel
Various Flavours 140g

About the brand

The planet's thinnest & crispiest pretzels! Oven-baked with super seasonings and all vegan too.

40% off



\$2.99

save \$1.00

Proper Crisps
Various Flavours 40g

About the brand

Made in Nelson New Zealand, these crisps are hand cooked and seasoned with love.

25% off

Olly's Pretzels save 40%

Great quality for great value.



WHOLEFOODS
HOUSE

May Value Buys

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\$5.99

save \$2.00

Proper Crisps

Tortilla Chips 150g

About the brand

Made in Nelson New Zealand, these crisps are hand cooked and seasoned with love.

25% off



\$5.99

save \$2.00

Proper Crisps

Various Flavours 100g

About the brand

Made in Nelson New Zealand, these crisps are hand cooked and seasoned with love.

25% off



\$5.99

save \$2.00

Proper Crisps

Big Cut Flavours 140g

About the brand

Made in Nelson New Zealand, these crisps are hand cooked and seasoned with love.

25% off



\$5.99

save \$2.00

Proper Crisps

Various Flavours 150g

About the brand

Made in Nelson New Zealand, these crisps are hand cooked and seasoned with love.

25% off



\$7.99

save \$2.00

Spiral

100% Buckwheat Soba

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights.

20% off



\$3.67

save \$0.92

Spiral

Various Noodles

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights..

20% off

May Value Buys

ends 31.05.2025



\$5.59

save \$1.40

Spiral
Instant Noodles

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights.

20% off



\$4.63

save \$1.16

Spiral
Instant Ramen

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights.

20% off



\$4.47

save \$1.12

Spiral
Soy Sauce GF 200ml

About the brand

One of Sydney's best organic food companies specialising in Japanese culinary delights.

20% of



\$8.79

save \$2.20

The Stock Merchant
Old Style Gravy

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$11.67

save \$2.92

The Stock Merchant
Broths 500ml

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights..

20% off



\$17.19

save \$4.30

The Stock Merchant
Broth Concentrates 275g

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

Product prices as marked. No further discount.

Season's Top Picks

Discover the best Certified Organic produce of the season



Certified Organic Persimmons

from Jon Copenau (Mount Blue), Bilpin NSW

Exquisite Persimmons from the Blue Mountains

Tucked away in the orchards of Bilpin, Jon Copenau's Certified Organic persimmons are a seasonal delight. Grown with care and integrity in the fertile hills of the Blue Mountains, these golden-orange beauties are picked at peak ripeness to ensure a naturally sweet, honeyed flavour and smooth texture. John has exclusively hand selected the largest fruit for us - simply the best! Whether enjoyed fresh, dried, or baked into autumn treats, Jon's persimmons capture the essence of the region's rich soil and crisp air — a true taste of Bilpin.



Certified Organic Hass Avocados

from Cherry Creek Estate, QLD

Smooth, creamy and rich buttery flavour

Nestled in Queensland's South Burnett region, Cherry Creek Estate cultivates premium Certified Organic Hass avocados. Grown in nutrient-rich volcanic soils and bathed in sunlight, these avocados are nurtured using sustainable farming practices aimed at achieving zero waste. The estate emphasizes quality and environmental stewardship, producing avocados renowned for their rich, buttery flavor and exceptional quality. With a commitment to organic excellence, Cherry Creek Estate ensures that each avocado meets rigorous organic certification standards, offering our customers with the very best fruit for the month of May.



Certified Organic Mandarins

from MT Gayndah Organic Citrus, QLD

A crowd favourite during the citrus season

Set amid Queensland's renowned citrus-growing region, Mt Gayndah Organic Citrus offers premium Certified Organic Imperial Mandarins. With over two decades of organic cultivation, the result is mandarins that are celebrated for their vibrant flavour, easy-to-peel skin, and juicy segments, making them a favourite among Wholefoods House citrus enthusiasts. Harvested at peak ripeness, they embody the rich agricultural heritage of the Gayndah area, delivering a taste that's both authentic and refreshing!

May Value Buys

ends 31.05.2025



\$7.99

save \$2.00

The Stock Merchant
Stocks 500ml

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.03

save \$1.76

The Stock Merchant
Anchovies in EVOO

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.27

save \$1.32

The Stock Merchant
Sardines in Pure Water

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% of



\$5.83

save \$2.20

The Stock Merchant
Sardines in EVOO

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$5.83

save \$2.20

The Stock Merchant
Smoked Sardines

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off



\$7.83

save \$1.96

The Stock Merchant
Tuna in EVOO

About the brand

The Stock Merchant Provisions are a collection of ethical, responsibly made staples for everyday delights.

20% off

May Value Buys

ends 31.05.2025



\$3.59

save \$0.90

Brookfarm

Snack Bars 40g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$11.99

save \$3.00

Brookfarm

Porridge 400 - 450g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$11.99

save \$3.00

Brookfarm

Natural Muesli 500g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$12.31

save \$3.08

Brookfarm

Macadamias 100g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$12.79

save \$3.20

Brookfarm

Granola 350g

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off



\$28.39

save \$7.10

Brookfarm

Toasted Muesli 1.3kg

About the brand

A farm owned and run by the Brooks family in NSW growing and making healthy food for your entire family.

20% off

Proper Crisps save 25%

Great quality for great value.



**WHOLEFOODS
HOUSE**

May Value Buys

ends 31.05.2025



\$9.11

save \$2.28

Mindful Foods
Granola 200g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$10.79

save \$2.70

Mindful Foods
Activated Buckwheat

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$14.07

save \$3.52

Mindful Foods
Various Teas

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% of



\$14.87

save \$3.72

Mindful Foods
Various Munchies

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$16.55

save \$4.14

Mindful Foods
Various Activated Nuts

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off



\$18.15

save \$4.54

Mindful Foods
Granola 450g

About the brand

Mindful Foods guarantee to nourish your being. Every product is handcrafted and made with love.

20% off

Product prices as marked. No further discount.

Crunch up your life

Exciting flavours to pep up the rainy days.



Proper Crisps

Big Cut Habanero Mustard 140g

\$5.99



Proper Crisps

Kasundi Ketchup 140g

\$5.99



Keogh's

Crinkle Cut Guinness 125g

\$7.79



Keogh's

Irish Atlantic Sea Salt 125g

\$7.79



Quillo

Olive Oil Flower of Salt 130g

\$7.89



Quillo

Black Garlic Vinegar 130g

\$7.89

Prices accurate upon publishing. Pricing may change at any time.

Mindful Foods save 20%

Great quality for great value.





Stores

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14/61-71 Mentmore Avenue, Rosebery 2018
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orders@wholefoodshouse.com.au